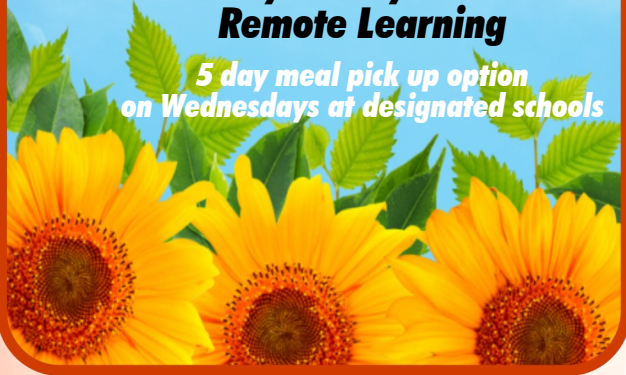


MENUS SEPTEMBER 2020 FOR Henry County Schools Remote Learning

5 day meal pick up option
on Wednesdays at designated schools



This institution is an equal opportunity provider.
Menus are subject to change.

School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.15	\$2.40
Students Grades 6-12	\$1.15	\$2.50
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$1.75	\$3.25
MILK ONLY	\$0.40	\$0.40
Henry County Schools Staff	\$1.75	\$3.00
Adult Visitor	\$1.75	\$3.25

Available Daily

Breakfast (in blue):

Fresh Apples & Oranges
100% Fruit Juice
Choice of Low Fat Milk

Lunch:

Fresh Apples & Oranges
Choice of Low Fat Milk

*Pork products listed in pink.



Visit Our Webpage for More
Details & Information on
How to Apply for Free &
Reduced-Priced School Meals

[schoolwires.henry.k12.ga.us/
Page/110494](http://schoolwires.henry.k12.ga.us/Page/110494)

Featured Specials of the Day

Wednesday, September 2 (Preorder by 8/31)

Breakfast Pizza, Cheeseburger,
Broccoli Florets, Carrot Sticks w/ Ranch,
Fruit Cup

Thursday, September 3

Mini Blueberry Pancakes, Crisпитos,
Black Beans & Corn Salsa, Celery Sticks
w/ Ranch, Frozen Juice Cup

Friday, September 4

Assorted Cereal, Pizza, Garden Salad
w/ Ranch, Carrot Sticks w/ Ranch,
Fresh Fruit

Monday, September 7



Tuesday, September 8

Frosted Breakfast Pastry, PB&J or Wow Sandwich
w/ Chips, Carrot Sticks w/ Ranch, Celery Sticks w/
Ranch, Fresh Fruit



DON'T 4 GET!

HCS FAMILIES OF REMOTE LEARNERS WILL
NEED TO PRE ORDER MEALS USING
MYSCHOOLBUCKS.COM NO LATER THAN
MONDAY 5PM BEFORE WEDNESDAY CURB
SIDE PICK UP DATES.

*STUDENTS WILL BE CHARGED BASED ON
MEAL STATUS: FREE, REDUCED, OR PAID.

*PARENTS ARE ENCOURAGED TO ADD
MONEY TO YOUR ACCOUNT ON
MYSCHOOLBUCKS.COM BEFORE PICKING UP
MEALS TO MAINTAIN A CONTACT FREE
TRANSACTION.

MY
SCHOOL
BUCKS

The Simple Way to Pay
FOR STUDENT MEALS

- ✓ Check balances
- ✓ View purchases
- ✓ Pay with a credit card

[VIEW WEBSITE ▶](#)

**EAT BETTER.
PLAY HARDER.
LIVE HEALTHIER.
LEARN EASIER.**

WELLNESS IS A WAY OF LIFE!

Featured Specials of the Day

Wednesday, September 9 (Preorder by 9/7)

Blueberry Pancake Stick w/ Syrup,
BBQ on Bun, Carrot Sticks w/ Ranch,
Broccoli Florets, Fruit Cup

Thursday, September 10

Strawberry Mini Pancakes, Chicken Taco Salad
Tray, Black Beans & Corn Salsa,
Celery Sticks w/ Ranch,
Frozen Juice Cup

Friday, September 11

Assorted Cereal, Pizza, Garden Salad
w/ Ranch, Carrot Sticks w/ Ranch,
Fresh Fruit

Monday, September 14

Breakfast Bun, Hot Dog, Carrot Sticks
w/ Ranch, Celery Sticks w/ Ranch,
Fresh Fruit

Tuesday, September 15

Mini Bagels w/ Cream Cheese, Deli Turkey
Sandwich w/ Chips, Carrot Sticks w/ Ranch,
Celery Sticks w/ Ranch,
Fresh Fruit



eatfit

wanna stay fit?
gotta eat right!

item: sunshine

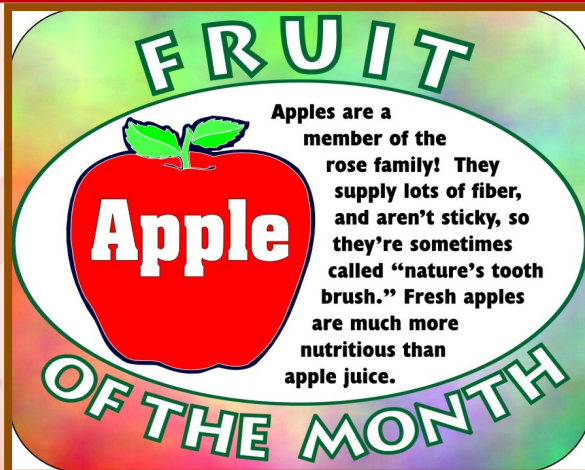
verdict: bake, don't burn

tip: Did you know you

can get "nutrition" from
the sun? Your skin creates
vitamin D when exposed
to sunlight. Just 5 to 30
minutes of (non-burning)
sun exposure between
10 AM and 3 PM twice a
week will do the trick,
and it's totally fat and calorie free!



Farm to School Georgia



Featured Specials of the Day

Wednesday, September 16 (Preorder by 9/14)

Sausage Biscuit, Chicken Nuggets w/ Roll,
Mashed Potatoes, Broccoli Florets,
Fruit Cup

Thursday, September 17

Blueberry Mini Pancakes, Crisпитos,
Black Beans & Corn Salsa, Celery Sticks
w/ Ranch, Frozen Juice Cup

Friday, September 18

Assorted Cereal, Pizza, Garden Salad
w/ Ranch, Carrot Sticks w/ Ranch,
Fresh Fruit

September 21- September 25

Fall Break Week

No School

Monday, September 28

Breakfast Frudel, Manager's Choice Entrée (in
school option only) Chicken Taco Salad Tray,
Black Beans & Corn Salsa,
Celery Sticks w/ Ranch, Fresh Fruit

Tuesday, September 29

Breakfast Bun, Manager's Choice Entrée (in school
option only) PB&J or Wow Sandwich w/ Chips,
Carrot Sticks w/ Ranch, Celery Sticks w/ Ranch,
Fresh Fruit

Wednesday, September 30 (Remote Learners Only Should Preorder by 9/28)

Breakfast Pizza, Manager's Choice Entrée (in
school option only) Popcorn Chicken w/ Roll,
Mashed Potatoes, Broccoli Florets,
Fruit Cup